



**GWSB Pre-Arrival Newsletter Week 3: Health Insurance and Healthcare**

1 message

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# Global & Experiential Education



## G&EE Pre-Arrival Newsletter Three: Health Insurance and Healthcare

Hello! This newsletter covers topics related to healthcare, health insurance, and immunizations.

- Healthcare: Before Arrival
- Healthcare: After Arrival
- Upcoming Events

As always, if you have any questions, please email us at [sbglobal@gwu.edu](mailto:sbglobal@gwu.edu).

Best,

Elisa Boyea  
Program Manager  
International Student Services



# Healthcare: Before Arrival

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Note that all the information in this newsletter can be accessed online on the [GW Student Health Center \(SHC\)](#) website.

If you have any questions regarding GW Health Services, please contact the GW Student Health Center directly at [shcadmin@gwu.edu](mailto:shcadmin@gwu.edu) or call 202-994-5300.

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## Immunization Requirements



GW no longer requires that students be vaccinated against COVID-19, however, students **under the age of 26**, are still required to submit proof of certain immunizations to the Student Health Center. The list of required immunizations (and instructions on how to submit your immunization record) can be found on the [SHC Immunization webpage](#).

If you need to request an exemption, visit the [SHC Immunization webpage](#) and view the "Medical or Religious Exemptions" dropdown at the bottom of the page for additional information.

**Please Note:** New students **under the age of 26** will be able to register for their first semester without a health form on file. However, failure to submit the required immunization records will result in a **hold on your Student Account that prevents you from registering for classes** in subsequent semesters.

Please retain a copy of your immunizations for your records. It is each student's responsibility to ensure that they obtain their immunization records and that it is submitted to Student Health by the deadline. If you have any questions regarding immunizations, email [immunreq@gwu.edu](mailto:immunreq@gwu.edu).

### Immunizations

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# Healthcare: After Arrival

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## How Does U.S. Healthcare Work?

The U.S. healthcare system probably looks a lot different than what you're used to! Get an overview of how the U.S. healthcare system works by watching this short, six-minute video:

[Overview of the U.S. Healthcare System for International Students](#)

*(Video Credit: International Student Insurance)*

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## Required Coverage



All international students in F-1 or J-1 immigration status are required to maintain health insurance coverage for the duration of their GW studies.

As an F-1 or J-1 student, GW will **automatically** enroll you in the **GW Student Health Insurance Plan (SHIP)** through Aetna Student Health, which means **you do not need to take any action to enroll in GW SHIP**. The cost of insurance coverage will automatically be added onto your bill for tuition, fees, and other university expenses.

Visit the following pages for information about GW SHIP:

- [GW Student Health Center - Health Insurance](#)
- [GW SHIP Frequently Asked Questions](#)
- [University Health Plans](#) - GW partners with University Health Plans to provide GW SHIP to students. You can visit the University Health Plans site for even more information about GW SHIP.
- [Aetna Student Health - Plan Design and Benefits Summary](#) - Very detailed document with in-depth information about the specific features and coverage included in GW SHIP.

For questions about the GW Student Health Insurance Plan, please email [ship@gwu.edu](mailto:ship@gwu.edu) or call University Health Plans at 1-833-251-1721.

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## Application for Exemption

You have the right to request that 1) you not be covered by GW SHIP, and 2) the charge for GW SHIP on your bill be removed. You may request this by:

1. Completing an [exemption or waiver application](#) through the University Health Plans website; **and**
2. Providing documents that prove you have health insurance under a different plan that satisfies the minimum requirements. The minimum insurance requirements can be found here: [GW SHIP Waiver Requirements](#).

Additional information about waiving SHIP and the waiver process can be found on the [University Health Plans website](#) under the "Waiver Process" header.

The Fall 2025 waiver form will be available on the [University Health Plans website](#) on **August 1, 2025** and will be due on **September 12, 2025**. There is no appeal to waive coverage after the waiver deadline.

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## Using Your Plan and Frequently Asked Questions (FAQs)

Unless you waive GW's Student Health Insurance Plan (SHIP), you will automatically be enrolled in SHIP. So, how do you use SHIP?

### When does my GW SHIP coverage begin?

Your GW SHIP coverage for the 2025-2026 academic year will begin on **August 12, 2025** and end on **August 11, 2026**.



### What do I do if I'm feeling sick?

If you need to see a doctor, you should first seek treatment at the [GW Student Health Center](#), which is located on-campus and is open Monday, Thursday, and Friday from 8:30am - 5:00pm, Tuesday and Wednesday from 8:30am - 7:00pm, and Saturday from 10:00am - 2:00pm.

### I need medical assistance outside of those hours. What do I do?

The Medical Assistance Line, (202) 994-5300, is available 24 hours a day, seven days a week. Call to speak with a clinician and be evaluated for next steps, which can include a telemedicine appointment, an in-person office visit, or a referral to an off-site medical provider.

### But what if I need to see a doctor or a specialist that isn't associated with the GW Student Health Center?

To find providers outside of GW Student Health Services that accept SHIP, please visit [Aetna Student Health DocFind](#).

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## Accessing Your Insurance Card

Insurance cards are **not** mailed to students. Once your GW SHIP coverage begins on August 12, 2025, you'll be able to print your insurance card and/or access your digital ID card by visiting [Aetna Student Health](#).

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## Upcoming Events

### Fall 2025 Pre-Arrival Q&A Session

Join the George Washington University School of Business's Global & Experiential Education (G&EE) team and International Student Advisory Board (ISAB) for the **Fall 2025 GWSB Pre-Arrival Q&A Session!**

During this optional session you'll have the chance to ask questions, get advice on GW's processes and procedures, and connect with current GWSB international students to get their perspectives about life at GW. The Fall 2025 Pre-Arrival Q&A will start with a brief presentation, but the majority of the session will be dedicated to an open Q&A with Elisa and members of the [GWSB International Student Advisory Board \(ISAB\)](#)!



**Friday, July 11, 2025, 9:00-10:00am Eastern Time**

*Fall 2025 Pre-Arrival Q&A Session*

Hosted by GWSB Global & Experiential Education

**Location:** Zoom - Link will be sent in the registration confirmation email

[Register Here!](#)

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## Mandatory Pre-Term Programming

Note that the below-listed **mandatory pre-term programming** will be held in July and August and will provide pertinent information for new Global MBA international students relating to immigration and the academic culture at GWSB. Note that the GMBA International Student Runway **and** GMBA Runway are **required** of **all** Global MBA international students studying on an F-1 or J-1 visa:

**Monday, July 28, 2025 - Friday, August 1, 2025**

*Global MBA International Runway*

Hosted by the GWSB Global & Experiential Education (G&EE)

**Location:** Duquès Hall (2201 G Street NW, Washington, D.C. 20052), Room 651; Exact times will be announced shortly, but please plan on attending sessions every morning this week.

**Additional Information Coming Soon!**

For questions, please email G&EE at [sbglobal@gwu.edu](mailto:sbglobal@gwu.edu)

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## Monday, August 4, 2025 - Friday, August 22, 2025

*Global MBA Runway*

All Global MBA students are required to attend GMBA Runway. Students will receive additional information in the coming weeks.

Questions about GMBA Runway should be directed to the [GMBA Program Team](#).

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